

WE CLAIM:

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1. A pharmaceutical composition comprising of (i) a therapeutically effective amount of a β -adrenergic agonist for the purpose of treating endometriosis or infertility, or for the purpose of improving fertility, and, (ii) a pharmaceutically acceptable bloadhesive carrier.

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2. The composition of claim 1 wherein the β -adrenergic agonist is terbutaline.

3. The composition of claim 2 wherein the bioadhesive carrier is a cross-linked water insoluble but water swellable polycarboxylic acid polymer.

4. The composition of claim 3 wherein the concentration of terbutaline is from less than 0.1 % to about 0.4% weight/weight.

5. The composition of claim 4, wherein the polymer is polycarbophil.

6. A pharmaceutical composition comprising of a therapeutically effective amount of a β -adrenergic agonist for the purpose of treating endometriosis or infertility, or for the purpose of improving fertility, while avoiding detrimental blood levels of said β -adrenergic agonist.

7. The composition of claim 6 wherein the β -adrenergic agonist is terbutaline, and the composition is formulated to be administered in a dosage of about 0.5 to 2.5 g., which delivers from less than 1 mg to about 8 mg. of terbutaline.

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8. The composition of claim 7 wherein the composition further comprises a bioadhesive, water insoluble but water swellable, cross-linked polycarboxylic acid polymer.

9. The composition of claim 8, wherein the polymer is polycarbophil.

10. The composition of claim 9 wherein the composition is formulated to be administered in a dosage of about 1.0 to 1.5 g, which delivers from less than 2 mg to about 4 mg of terbutaline.

11. The composition of either of claims 5 or 9 wherein the agonist is used to treat endometriosis.

12. The composition of either of claims 5 or 9 wherein the agonist is used to treat infertility or to improve fertility.

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(z Zm 13. A method of treating endometriosis or infertility, or of improving fertility, comprising administering a therapeutically effective amount of a composition comprising a β -adrenergic agonist and a pharmaceutically acceptable bioadhesive carrier locally to the vaginal mucosa of a patient in need thereof.

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- 14. The method of claim 13, wherein the β -adrenergic agonist is terbutaline, and the composition is administered in a dosage of about 0.5 to 2.5 g, which delivers from less than 1 mg to about 8 mg of terbutaline.
- 15. The method of claim 14 wherein the composition is administered in a dosage of about 1.0 to 1.5 g, which delivers from less than 2 mg to about 4 mg of terbutaline.
- 16. A method of treating endometriosis or infertility, or of improving fertility, comprising administering a therapeutically effective amount of a composition comprising a β -adrenergic agonist and a pharmaceutically acceptable bioadhesive carrier locally to the vaginal mucosa of a patient in need thereof, while avoiding detrimental blood levels of said a β -adrenergic agonist.
- 17. The method of claim 16 wherein the β-adrenergic agonist is terbutaline.
- 18. The method of claim 17 wherein the bioadhesive carrier comprises a cross-linked water insoluble but water swellable polycarboxylic acid polymer.
- 19. The method of claim 18, wherein the polymer is polycarbophil.
- 20. The method of either of claims 15 or 19, wherein the composition is administered every 12 to 96 hours.
- 21. The method of either of claims 15 or 19, wherein the composition is administered twice weekly.
- 22. The method of either of claims 15 or 19, wherein the composition further scomprises a tablet.

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- 23. Use of a β-adrenergic agonist and a pharmaceutically acceptable bioadhesive carrier in the manufacture of a medicament for administration to the vaginal mucosa in the therapeutic treatment of endometriosis.
- 24. Use of a β-adrenergic agonist and a pharmaceutically acceptable bioadhesive carrier in the manufacture of a medicament for administration to the vaginal mucosa in the therapeutic treatment of infertility.

Use of a β-adrenergic agonist and a pharmaceutically acceptable bioadhesive carrier in the manufacture of a medicament for administration to the vaginal mucosa in increasing fertility.

Use according to any one of claim 23 to 25 wherein the β-adrenergic agonist is terbutaline.

- 27. Use according to any one of claims 23 to 26 wherein the medicament is formulated to deliver from less than 1 mg to 8 mg of the β-adrenergic agonist per dose.
- 28. Use according to any one of claims 23 to 27 wherein the bioadhesive carrier comprises a cross-linked water-insoluble but water-swellable polycarboxylic acid polymer.
- 29. Use according to claim 26 wherein the concentration of terbutaline is from less than 0.1% to about 0.4% weight/weight.
- 30. Use according to claim 26 wherein the polymer is polycarbophil.
- 31. Use according to claim 29 wherein the medicament is formulated to be administered at a dosage of about 1.0 to 1.5g, which delivers from less than 2 mg to about 4 mg of terbutaline.

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- 32. Use according to claim 30 or 31 wherein the medicament is for administration every 12 to 96 hours.
 - Use according to claim 30 or 31 wherein the medicament is for administration twice weekly.
 - 34. Use according to any one of claims 23 to 33 wherein the medicament avoids detrimental blood levels of the β-adrenergic agonist.
 - 35. Use according to any one of claims 23 to 34 wherein the medicament is presented in tablet form.

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